



Child's Name: _____

Date of Birth: _____

Date: _____

This plan is completed at the time of enrollment and updated every 3 months until the child is two years of age. Parent/guardian and teacher initial and date every change and update to the original plan.

Eating

Bottles/Formula

Does your child use a bottle? Yes No

If yes, what type of bottle/nipple? _____

What type of formula? (Iron or low?) _____

How many ounces does your child usually drink at a feeding _____

What times during the day? _____

Does your child drink from a cup? Yes No

If yes, what kind of cup/lid: _____

Solid Foods

At Olam Jewish Montessori we practice the following sequence for the introduction of solid foods, as recommended by the state: formula/breast milk(1-12 months); infant cereal(4-6 months); vegetables, fruit and their juices(5-7 months); protein foods (6-9 months).



Is your child eating solid foods at this time? Yes or No.

If yes, describe what types of food(type of cereal, types of baby foods or table foods)

How often and what time of day do you feed your child solids: Times Per Day:

Any special nutritional fortifiers and/or supplements required? If yes, please list:

Does your child have any known allergies? Yes or No

If yes, please list:

Please describe symptoms of reaction:

Olam Jewish Montessori follows the guidelines of the USDA Child Care Food Program. Monthly menus, reflecting food served each day, are always posted and available to parents/guardians. No exceptions to the menu or changes to the food provided will be made unless requested and prescribed, in writing, by your child's health care professional.



Sleeping/Napping

How many times per day and when during the day does your child typically nap?

For how long your child usually naps? _____

How do you know when your child needs a nap?

How do you help your child to sleep? (Rocking, holding, with a bottle, etc.) _____

Any special instructions regarding your child's sleep routine? (a special blanket or a pacifier).

Blankets are only for a child 12 months or older. Pacifiers should not have any animal or strap attached to the pacifier. It is Olam's policy that infants under 12 months are placed to sleep on their backs (to reduce the risk of SIDS). Please ask your teacher for more information if needed.

Toileting/Diapering

Most children are not ready to begin toilet training until 2 years of age. Generally, we will not begin to toilet train a child before 2 years unless requested by parents/guardians and after consideration of the child's developmental readiness.

If you have begun to toilet train your child, please describe your child's progress: _____

Diapering:

Do you have any special instructions regarding your child's diapering? Yes or No. If yes, please describe:



Please note that parents/guardians provide diapers and any ointments required each day

Other:

Does your child require any special accommodations not covered by this plan?

Do you have any additional requests or instructions for the care of your child?



Signature Page:

Parent/Guardian Signature: _____ Date: _____

Teacher Signature: _____ Date: _____

Director Signature: _____ Date: _____

